



MEMBER SPOTLIGHT

BILL BINKS: MY SAILING CAREER

I was fortunate enough to be introduced to Sailing as a child by my parents at the then Royal St Kilda Yacht Club.

At the age of nine I started as a Bailer Boy on an open clinker 12-foot Cadet Dinghy (Club-owned) then progressed through their training system and at 16 became the skipper of one of the club-owned yachts.

On one horrific day I capsized and was in the water for some 4 hours waiting for a patrol boat with my parents panicking from the breakwater. Next day, they offered to buy me my own yacht provided I sailed on the Albert Part Lake until I turned 18. I agreed, and we purchased a small boat called a Moth which is a one-person boat with one sail.

My first race was a Victorian Championship and I finished last. I then moved on to the Port Melbourne Yacht Club with my Moth and progressed to other classes of yachts.

In 1963 a new class of yacht was sent to Port Melbourne for us to try out. One year later a co-op was formed and we built 36 of these yachts over one winter; they were all launched on the same day with 3 club members per boat. All the boats were identical which made for great racing.

In 1967 it was decided to enter a boat and crew to go to America for the World Championships which I am proud to say my crew and I won. They held the next World Championships at Port Melbourne and once again we were lucky enough to win.

After that I sailed many other types of yachts and won many Australian and Victorian championships.

After retiring in 1995 I wanted Marie to experience sailing so we purchased a 27foot keel yacht which we enjoyed for a short time, then sold it and ventured into the B & B industry.

Recently the Port Melbourne Yacht Club invited myself and my old crew to participate in another World Championship as part of their 150-year celebrations, so I hope the body will hold out – here's hoping.

BILL



Bill Binks ® with sailing partner Roger Bynne in Washington DC prior to winning the World Championship in 1968

Knit & Natter



We meet at the home of Maureen Holmes, 24 Island Drive, Torquay on the 1st and 3rd **Wednesday** of each month from 9.30 to 12 noon.

Dates for the next 4 months are:

January 1st & 15th

February 5th & 19th

March 5th & 19th

April 2nd & 16th

New members are always welcome

Convenor: Maureen 5261 2883

Tennis



The tennis group meet every **Wednesday morning** at the Torquay Tennis Club (next to the Football Club grounds) Surf Coast Highway.

Commences at 10.00am and only \$2.00 per session.

Convenor: Janet Bateman
on **5261 5329**

Want to play Badminton??

Games can be played every **Wednesday from 10.30 –12pm** at Surf World at a cost of only \$6.00.

Just turn up if you are interested.

Rackets are available if you don't have your own equipment.

Contact **Peter** on **5261 9693** or **0407 619 697** for information.



Resistance Training

RESISTANCE TRAINING:- 1 hour

OUR TRAINING SESSIONS ARE HELD AT THE FOOTBALL CLUB
NEAR THE ROUNDABOUT TORQUAY

(Rooms with a great view)

MONDAYS : 0830 - 0930 & 0930- 1030 with Maurie
(morning tea with 0930 Session)

WEDNESDAYS: 0900 -1000 & 1000- 1100 with Maurie

FRIDAYS: 0900 -1000 & 1000 -1100

PROGRAM

10 minutes Warm Up

15 minutes Group Work

20 minutes Own Program (many different machines to use)

15 minutes Stretches

FEE STRUCTURE

\$5 /session

\$8 / week (up to 3 Sessions)

\$30 / month

\$80/ 3 months

Note. Members are entitled to attend a maximum of 3 sessions per week.

Convenor: Maurie Dean on 5263 2809

Social Outings

Outings for the start of 2014:-

January - *nil*

February - Saturday 22nd, Dinner 6pm.
Bomboras, Surfcoast Hwy, Torquay

March - Saturday 15th, Dinner 6pm.
Torquay Thai, Bell St., Torquay

April- Saturday 12th, Dinner 6pm.
Jan Juc Hotel, Jan Juc

All are of course very welcome to attend!

Convenor: Heather Moore on 0419 398 824





Tuesday Walking Group

Meet **Tuesdays @ 9:30** in school term, Taylor Park Rotunda, Torquay (adj. Bowling Club).

Bring a mug and \$1 for morning tea. Carpool to destination, \$4.00 per passenger.

Walks normally take approx. 1.5 hours. **NEW MEMBERS MOST WELCOME!**

Come prepared: hat, comfortable walking shoes, drink, sunscreen and appropriate clothing.

Walks resume for 2014 on

Tuesday 1st February.

Contact convenors for more information.

Contact: Ken 5261 7247

Noreen 5261 4338

I DON'T EXERCISE!
It makes my coffee spill.



www.cafepress.com/GeezerShop



Statistically , 6 out of 7 dwarves are not Happy



Thursday Walking Group

Meet **Thursdays @ 8:30** The Esplanade, Fisherman's Beach

Contact: Marg 0437 694 278

Anne 0409 162 102

Walks scheduled for the start of 2014:

January: No walks (school holiday break)

February 6.....Beach walk....coffee @ Front Beach Café

February 13.....Beach walk....coffee @ Café Moby

February 20.....Beach walk....coffee @ The Sands

February 27.....Beach walk....coffee @ Coffee Club

March 6.....Sorrento Lunch

March 13.....Beach walk....coffee @ Pear Tree Cafe

March 20.....Beach walk....coffee @ Kobo's

March 27.....Beach walk....coffee @ Coffee Club [Wanderers away]

April 3.....Barwon River walk.....coffee @ Barwon Edge Boathouse

April 10.....Beach walk....coffee @ Wyndham

April 17.....Beach Walk....coffee @ Front Beach Cafe

April 24.....Beach walk....coffee @ Soul Fuel

WHAT'S ONJAN. - APRIL 2014

Tennis - Wednesdays 10am , Torquay Tennis Club **Badminton** - Wednesdays 10.30-12, Surf World

Resistance Training -Mon, Wed, Fri Torquay Football Club

****Refer to Group Reports for more detail****

JAN.	Time	Activity	Where
1	9:30	Knit & Natter	@ Maureen Holmes
8	12:15app	Cinema Group	Waurnd Ponds
15	9:30	Knit & Natter	@ Maureen Holmes
FEB			
4	9:30	Tuesday Walk	Tba (meet @Taylor Park)
5	9:30	Knit & Natter	@ Maureen Holmes
6	8:30	Thursday Walk	Beach Walk->Front Beach Cafe
6	14:00	Committee Meeting	Spring Creek Community House
11	9:30	Tuesday Walk	Tba
12	12:15app	Cinema Group	Waurnd Ponds
13	8:30	Thursday Walk	Beach walk-> Café Moby
18	9:30	Tuesday Walk	Tba
19	9:30	Knit & Natter	@ Maureen Holmes
20	8:30	Thursday Walk	Beach walk-> The Sands
22	6pm	Social Outings	Bombora's
25	9:30	Tuesday Walk	Tba
27	8:30	Thursday Walk	Beach walk ->Coffee Club
MAR			
4	9:30	Tuesday Walk	Tba
5	9:30	Knit & Natter	@ Maureen Holmes
6	8:30	Thursday Walk	Sorrento - Lunch
11	9:30	Tuesday Walk	Tba
12	12:15app	Cinema Group	Waurnd Ponds
13	8:30	Thursday Walk	Beach walk-> Pear Tree cafe
15	6pm	Social Outings	Torquay Thai
18	9:30	Tuesday Walk	Tba
19	9:30	Knit & Natter	@ Maureen Holmes
20	8:30	Thursday Walk	Beach walk-> Kobo's
23-28		Wanderers Trip	Inverloch
25	9:30	Tuesday Walk	Tba
27	8:30	Thursday Walk	Beach walk-> Coffee Club
APR			
1	9:30	Tuesday Walk	Tba
2	9:30	Knit & Natter	@ Maureen Holmes
3	8:30	Thursday Walk	Barwon River->Barwon Edge Boathouse
10	8:30	Thursday Walk	Beach walk-> Wyndham
12	6pm	Social Outings	Jan Juc Hotel
16	9:30	Knit & Natter	@ Maureen Holmes
17	8:30	Thursday Walk	Beach walk-> Front Beach Café
22	9:30	Tuesday Walk	Tba
24	8:30	Thursday Walk	Beach walk->Soul Fuel Cafe
29	9:30	Tuesday Walk	Tba