

Published early in months of January, May & September

January—April 2013

Enquiries & correspondence to
The Secretary
P O Box 242
Torquay 3228

Website: torquay.vic.au
LACVI: www.life.org.au

Annual Subscription \$25.00
Joining Fee \$5.00

**Copy deadline for next issue
is 15th April 2013**

Contributions from convenors and members can be sent to our postal address or by email to: suentim@hotmail.com

OFFICE BEARERS - 2012/13

President :	Donna Symes	0428 816 284
Immediate Past President:	Peter Sweetten	5261 9693 / 0407 619 697
Vice President :	Bill Binks	5261 4142
Secretary:	Graeme Perks	5261 2155
Minutes Secretary:	Bernadette Dickenson	5261 2155
Treasurer & Membership:	Peter Sweetten	5261 9693 / 0407 619 697
Asst. Treasurer:	Heather Moore	0419 398 824
Webmaster:	Ian Champion	5261 5747 (kchamp@iinet.net.au)
Publicity & Newsletter:	Sue Robinson	5264 7462
Activities Coordinator:	Heather Moore	0419 398 824
Ordinary Committee:	Marie Reeves, Margaret Bufton, Margaret Lay, Helen Canny, Carol Conquest, Laurel Adams, Pam Perks, Marjorie McKenzie	

Message from the President

Dear fellow members,

Since taking over the mantle of President I have been extremely busy with tasks pertaining to our group.

We participated in our second Relay for Life, in which our club was third overall in fundraising {Ed: see below}. Well done all participants. A special thanks must go to Marj. Mckenzie for her sterling effort as vice-captain of the team; you were a wonderful support in all our fundraising endeavours. Thanks must also go to Marie Reeves, Margaret Bufton, Dianne Slater and Kay Champion, who also worked hard behind the scenes. It was wonderful to see all of the LAC groups come together over the weekend for such a worthy cause. We had 53 members and friends who registered, let's hope next year we double that number.

Once again our Christmas Luncheon at the Jan Juc Hotel was voted a wonderful success. Maxine and Margaret's organisation of the day was fabulous, well done girls. Looks like you have got the job indefinitely with a performance like that.

I would like to take this opportunity to thank Laurel and Robert for organising the Thursday morning walks. Rain, hail or shine they were always there. Next year they have decided to have a break and Margaret and Anne will be our new leaders.

I hope you all had a happy Christmas, and look forward to a happy new year. Thank you all for your support and for allowing me to be your president.

Donna Symes.

Club Clothing



Page 2

Contact Bernie Dickenson on 5261 9252 for any of the following items that incorporate the embroidered club name:

*Caps - in black or white

*Short sleeve polo shirt - in white, royal blue or jade

*Polar fleece vest or zippered jacket - in navy, royal blue, black, red or bottle green

Prices available in February

THE WANDERERS



Once again our last Wanderers trip was a great success and we thank all those who came with us to Warrnambool.

We enjoyed two interesting walks and a very nice last night dinner. Some of the group went to the Sound and Light Show with a guided tour of Flagstaff Hill and a dinner which was excellent.

2013 Wanderers Trip

Our next trip away will be **April 15 - 19 to Shepparton** staying at the **Parklane Big 4 caravan park**.

It is not a large park so early bookings are essential. Website: shepparton@parklanegroup.com.au which shows the layout of the park and where you can make your cabin and/or site selection. (We would not recommend cabins c29 and c30 as they are very small and a little outdated). Phone- 1800 440 000.

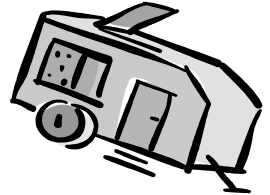
When you book let them know your Big 4 number and you will receive a 15% discount

-also the booking will be under the name of the Surfcoast Life Activities Club.

Please let Marie/Bill know when you have booked so we have numbers for other bookings

(dinner/Petanque tournament etc) .

For further information, contact Marie or Bill on 5261 4142 or email 3mable@tpg.com.au



CINEMA CLUB



We had a very successful year in 2012, managing to see many new movies just days after their release. We try to cover all varieties not just "chick flicks", and saw a few "heart starters" over the year.

Many thanks to those who have supported the Group, and **newcomers please consider joining us in 2013**.

Movies are usually around 1:00 - 1:30pm; or meet for lunch or a cuppa around 12 -12:30 before the movie.

Movie Tickets cost:--\$11 (subject to change).

Readings Cinema Card tickets :--\$8 (lasts 1 year and can be used any time, not just for our group visit).

Parking can be a problem if over 3hr (fines) so park facing Pioneer Rd or at rear of cinema.

We meet on 2nd Wed of the month except school holidays.

Dates for the next 4 months are:

February - **Wednesday 13th**

March - **Wednesday 13th**

April - **Wednesday 10th**

May - **Wednesday 8th**

For more information about the film by either phone or email, *please send your details to the Convenor:*

Rosslyne Leary on 5222 4321 / 0403 781 270 or

Email to learyrg@vic.chariot.net.au

 ★ *Two antennas met on a roof, fell in love and got married.*
 ★
 ★ *The ceremony wasn't much—but the reception was excellent!*
 ★
 ★



Chat & Craft



We meet at the home of Maureen Holmes, 24 Island Drive, Torquay on the 1st and 3rd Wednesday of each month from 9.30 to 12 noon.

Dates for the next 4 months are:

- January 2nd and 16th
- February 6th and 20th
- March 6th and 20th
- April 3rd and 17th

New crafters are always welcome

Convenor- Maureen on 52612883

Resistance Training



PLEASE NOTE:-

For Torquay-

Major renovations to the Torquay Football Club rooms are well underway . The training group is temporarily using the **Surf World complex adjacent to the Information Centre and Library in Torquay**, but we hope the Football Club will be available for us again from February.

For January, we have use of the **Surf Centre on WEDNESDAYS only, from 1-2p.m.**

Any queries, contact Rosslyne Leary 5222 4321 / 0403 781 270

Anglesea Surf Club Gym

Tues 8.30 am to 9.30 am

Thurs 8.30am to 9.30 am

Fee Structure

- \$5 /Session
- \$8/week -(3 sessions)
- \$30 per month
- \$55/ 2 months
- \$80/ 3 months

Tennis



The tennis group meet every **Wednesday morning** at the Torquay Tennis Club (next to the Football Club grounds) Surf Coast Highway.

Commences at 10.00am and only \$2.00 per session.

Convenor: Janet Bateman on 5261 5329

Want to play Badminton??

Games can be played every **Wednesday from 10.30 -12pm** at Surf World at a cost of only \$6.00.

Just turn up if you are interested. Rackets are available if you don't have your own equipment.

Contact Peter on 5261 9693 or 0407 619 697 for information.

Social Outings



Outings for the following four months:-

- January * Nil due to school holidays
- February * **Lunch on Friday 22nd February @ 12 noon** at Cafe Botticelli, shop 9, 111 Pakington Street, West Geelong.
- March * **Lunch on Friday 22nd March @ 12 noon** at The Heads, Barwon Heads.
- April * **Dinner on Saturday 20th April @ 6.00 pm** at Front Beach Cafe, The Esplanade, Torquay

All are of course very welcome to attend
Convenor: Heather Moore on 0419 398 824

Attention all Convenors - The next Convenors meeting will be held as follows:

When: Thursday March 7th @ 2p.m.

Where: Spring Creek Community House

Please advise Heather on 0419 398 824 prior to the meeting if you are not able to attend.

Tuesday Walking Group



NOTE - New Starting Time for Term 1 only: 9:30 a.m.

We meet every week during school terms and gather at the Rotunda in Taylor Park, Torquay next to the Bowling Club at 9:30 a.m. in Term 1 (12:30 p.m. during the colder months). **We car pool to our destination each week at a cost (Note: New) of \$4.00 per passenger.** Our walks normally take approx. 1.5 hours, followed by afternoon tea provided by the Convenors at a cost of \$1.00 per member. **Please note that there will be no walks on Total Fire Ban days!** Make sure that you come prepared with a hat, comfortable walking shoes, a drink, sunscreen and appropriate clothing.

Term 1, 9:30a.m. start:

February 5th: White's Beach, Torquay

February 12th: Rippleside Park to Eastern Beach, Geelong

February 19th: Urquharts Bluff on from Aireys Inlet

February 26th: Balyang Park to Harrison Bridge, Geelong

March 5th: River Walk, Barwon Heads

March 12th: Clifftop walk, Aireys Inlet

March 19th: Taylor Park to Jan Juc SLSC, Torquay

March 26th: Beach walk & end-of-term BBQ, Point Lonsdale

Term 2, 12:30 p.m. start

April 16th: Queens Park to Buckley Falls, Geelong

April 23rd: Botanical Gardens, Melbourne

April 30th: Golf Club and River Walk, Ocean Grove

New walkers are most welcome to join!

Contact: Ken 5261 7247 or Noreen 52614338



An older, tired-looking dog wandered into our yard. I could tell by his collar and well-fed belly he had a good home and was well taken care of. When he came to me, I patted him and he followed me into the house where he curled up in the corner and promptly fell asleep. An hour later, he went to the door and I let him out. The next day he was back, walked inside and again fell asleep in his spot in the hall. This continued on and off for several weeks. Curious, I pinned a note to his collar: 'I would like to know who the owner of this wonderful sweet dog is, and ask if you are aware that he regularly comes to my house for a nap'. The next day he arrived with a different note pinned to his collar: 'He lives in a house with 6 children, two under the age of 3. Can I come with him tomorrow?'



Thursday Walking Group

All walks start at **8.30am sharp** above the Torquay Fisherman's Angling Club on the Esplanade.

New convenors Margaret and Anne are currently planning some exciting new walks for this year.

They expect to alternate a local beach walk with a trip further away via carpooling.

The programme to date is:

January : No planned walks due to School Holidays

Feb.7 : Beach Walk

Feb.21 : Away walk, destination TBA #

Feb.14 : Beach Walk

Feb. 28 : Beach Walk

(# denotes carpooling for this walk at a cost of \$2 per passenger)

Further info: **Margaret—5264 7278/0437 694 278 or Anne—5261 2720**

Relay for Life



As mentioned above, we had a very successful team effort for 2012 culminating in a most enjoyable 24 hour event at the Surf Coast civic precinct. Participants agreed a good time was had by all and we were very fortunate to have favourable weather throughout, particularly for those brave souls who volunteered to keep the baton moving overnight.

Our final fundraising tally was confirmed as \$7759.75.

This will be used for a lung cancer research project, our contribution to be 'In Memory of Jo Biscombe', our much loved former member.

Summary of Forthcoming Activities

Jan. to April 2013

January	Activity	Destination
2	Chat & Craft	Maureen Holmes
9	Resistance training	SurfWorld, Torquay
16	Resistance training	SurfWorld, Torquay
16	Chat & Craft	Maureen Holmes
23	Resistance training	SurfWorld, Torquay
30	Resistance training	SurfWorld, Torquay
February		
5	Tuesday Walkers	White's Beach Torquay
6	Chat & Craft	Maureen Holmes
7	Thursday Walkers	Beach Walk
12	Tuesday Walkers	Eastern Beach Geelong
13	Cinema Group	Readings - Waurm Ponds
14	Thursday Walkers	Beach Walk
19	Tuesday Walkers	Urquharts Bluff
20	Chat & Craft	Maureen Holmes
21	Thursday Walkers	TBA - Away walk
22	Social Outings	Lunch -Café Boticelli- 111 Pakington St West Geelong
26	Tuesday Walkers	Balyang Park Geelong
28	Thursday Walkers	Beach Walk
March		
5	Tuesday Walkers	Barwon Heads
6	Chat & Craft	Maureen Holmes
7	Thursday Walkers	TBA
7	Convenors Meeting	Spring Creek Community House
12	Tuesday Walkers	Aireys Inlet
13	Cinema Group	Readings - Waurm Ponds
14	Thursday Walkers	TBA
19	Tuesday Walkers	Torquay
20	Chat & Craft	Maureen Holmes
21	Thursday Walkers	TBA
22	Social Outings	Lunch-At The Heads, Barwon Heads
26	Tuesday Walkers	Point Lonsdale
28	Thursday Walkers	TBA
April		
3	Chat & craft	Maureen Holmes
4	Thursday Walkers	TBA
10	Cinema Group	Readings - Waurm Ponds
11	Thursday Walkers	TBA
16	Tuesday Walkers	Queens Park Geelong
15-19	Wanderers	Shepparton, Park Lane Big 4
17	Chat & craft	Maureen Holmes
18	Thursday Walkers	TBA
20	Social Outings	Dinner-Front Beach Café, Torquay
23	Tuesday Walkers	Botanical Gardens Melbourne
25	Thursday Walkers	TBA
30	Tuesday Walkers	Ocean Grove

Refer to Group Reports for more detail